



EPA PSYCHOTHERAPY SECTION REPORT 2021

SECTION COMMITTEE MEMBERS:

Chairperson: Prof. Greg RADU
Co-chairperson: Prof. Alexandra PHILIPSEN
Secretary: Dr. Thomas GARGOT
Councillor:

LAST SECTION COMMITTEE ELECTIONS HELD:

Date: 3 April 2017
Venue: Florence, Italy

ACTIVITIES OF THE SECTION IN 2021:

Meetings/events

Annual meeting / Election

Description:

Online annual meeting / election

Location: Online

Start date: 13/05/2021

End date: 13/04/2021

Attendance: 9

Publications

Psychotherapy guidebook

Journal:

With the support of the EPA section psychotherapy, EFPT psychotherapy working group recently published a Psychotherapy guidebook .

a 3rd edition is on-going

<https://epg.pubpub.org/>

Psychotherapy training is an issue in many european countries. A recent survey was published by the EFPT psychotherapy working group.

<http://efpt.eu/wp-content/uploads/2019/01/psychotherapy.pdf>

Authors:

Hugo Canas-Simião, Theodoros Koutsomitros, Roberts Klotiņš, , Thomas Gargot

(Expected) Publication date: 01/04/2021



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Acknowledged as official Section publication? Yes

Psychotherapy training for early career psychiatrists and residents in psychiatry: A real need and challenge in education of psychiatrists, Capital Psychiatry, the E-magazine of the

Journal:

Washington Psychiatric Society, January, 2021

<https://bluetoast.com/publication/?m=65729&i=690396&p=12>

Authors:

Handuleh, J. I.M., Koutsomitros, T., Singh, D. K. M. T. Gargot, V. Pereira-Sanchez,

(Expected) Publication date: 01/01/2021

Acknowledged as official Section publication? No

Preventing Post Traumatic Stress Disorder in the general population induced by trauma during the COVID pandemic: A simple brief intervention based on cognitive science that could be delivered digitally.

Paper prepared during the EuVsVirus Hackathon sponsored by the EU Commission in collaboration with members of EPA and participants of EFPT Psychotherapy and Psychiatry Across borders working groups.

<http://efpt.eu/wg/psychotherapy-wg/>

<http://efpt.eu/wg/psychiatry-across-borders-wg/>

Journal:

European Journal of Trauma & Dissociation

Authors:

Gargot, T., Kisand, H., Miguel, A., Tanyeri, S., Soron, T. R., Serene, B., Feron G., Žajai N., Valdés-Flórida M-J., Soto-Angona Ó. & Frankova, I.

(Expected) Publication date: 01/05/2021

Acknowledged as official Section publication? No

FUTURE ACTIVITIES:

Meetings/events



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Training in Psychotherapy in Europe

Description:

Prize of the French Association of CBT Training in Psychotherapy in Europe. presentation of the work of the section and EFPT wg of psychotherapy : psychotherapy training survey, online guidebook and EPA MOOC

<https://twitter.com/AftccO/status/1469714040473722884?s=20&t=DGavoPjf4dZi3w98bshPWA>

Location: Paris

Start date: 14/01/2022

End date: 14/01/2022

FUNDING IN 2021

Income: None

Source(s) of funding:

None

Expenditure: None

Balance: None

EPA Treasurer audit: No

Confirmation that income / expenditure is via EPA: No